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**Center for ASD**  
*Service Training Advocacy*

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**Schooling at Home and Building New Routines**



- ***Supporting Your Children***<sup>[1]</sup>
- ***Coping with Disrupted Routines***<sup>[2]</sup>
- ***Keep Calm and Structure On***<sup>[3]</sup>
- ***AFIRM: Maintain Routines & Build New Routines*** <sup>[4]</sup>

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**Links**

[1] <https://childmind.org/article/supporting-kids-during-the-covid-19-crisis/>

[2] <https://www.autismspeaks.org/news/how-cope-disrupted-family-routines-during-covid-19>

[3] <https://makesociallearningstick.com/keep-calm-and-structure-on-how-to-manage-emotions-and-build-structure-at-home-during-covid-19/>

[4] <https://afirm.fpg.unc.edu/maintain-routines>