

First Steps – Together!

A Group for Parents of Young Children Recently Diagnosed with ASD

- A **10-week** educational support group for parents who are in the early phase of their journey with their young child with ASD.
- **Recommended for** families interested in increasing their knowledge of ASD and meeting other parents.
- We offer **biweekly rolling admission**.

In the group, parents will learn:

- Information about ASD
- Evidence-based interventions for ASD
- Strategies to boost your child's communication and social skills
- Service navigation
- Ways to increase parent resilience



The UCSF Center for ASD & NDDs' goal is to provide services that promote the well being of individuals with autism and their caregivers.

For enrollment information:

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